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## THE NURSES ROLE IN PALLIATIVE CARE WITH CHILDREN IN SEVERE HEALTH CONDITIONS

Blerta Vuçitërna<sup>1</sup>, Krenare Shehu<sup>2</sup>, Arbona Sadiki<sup>2</sup>, Arlinda Maloku<sup>2</sup>, Filize Aliu<sup>2</sup>

Clinical centre University of Kosovo, College of Medical Sciences "Rezonanca"

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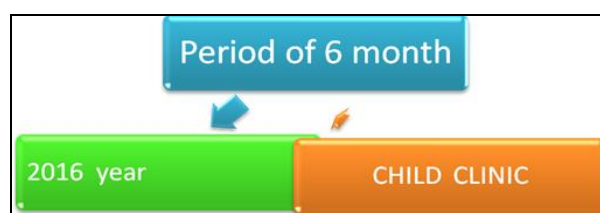
### Introduction

Nowadays palliative care in children has become more complex due to the health conditions and also in the view of the complexity of psycho-social care. Pediatric palliative nursing care is both stressful and rewarding, and it requires coping skills, confidence, and other attributes for successful patient care and nursing practice.



### Materials and Methods

In a period of 6 months in 2016, palliative care was studied at the Pediatrics Clinic in Prishtina, University Clinical Center of Kosovo, which describes our experience of nurses caring for dying children and also exploring the impact of providing palliative care to the hospital staff, in order to seek possible best care and to influence more positively to patients' care and nurses job satisfaction and retention.



## Results

Based on our experience, a qualitative and focused group, we tried to find out the most common problems of children suffering from severe neurological disease.

The study started at the beginning of the year 2016 during the period January-June 2016 and this type of study is retrospective. All nurses were asked to answer several questions regarding the health problems of children as well as parents and family psychosocial problems.

90% of the nurses answered that nursing care was very important issue in palliative care and that they should work closely with children and as well as with their families.

100% of them answered that they have experienced emotions, such as: helplessness, anger, sadness, and anxiety in palliative care children. Even, some of them had difficulties working in palliative care due to the lack of experience.

All nurses reported that palliative care in children should be learnt in comprehensive pediatric palliative care programs.



## Conclusions

Nursing in palliative care in children is a crucial thing and it must be integrated with a comprehensive care including psychological and social supports to children and their families.

## Recommendation

All nurses should have additional training in order to improve their abilities to communicate with patients and their families and become an integrated model with psychosocial supports.



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